

Practice Change Leaders Program Description  
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Program Title:

Advocate Physicians at Home Program: A New Model for Caring for  
Older Adults in an Accountable Care Organization

Advocate Health Care is the largest health system in Illinois and one of the largest health care providers in the Midwest. Advocate operates more than 250 sites of care and 12 hospitals, including five of the nation's 100 Top Hospitals, the state's largest integrated children's network, five Level I trauma centers (the state's highest designation in trauma care), three Level II trauma centers, one of the area's largest home health and hospice providers, and Advocate Medical Group (AMG) one of the region's largest medical groups.

Advocate Physicians at Home is an innovative visiting healthcare provider model program developed as part of Advocate Health Care's population health management strategy. It provides primary care to AMG's homebound Medicare Advantage population. Many of these patients live on the south side of Chicago and nearby suburbs, areas which include communities with high rates of poverty and crime. This poses a challenge for access to quality health care. The Physicians at Home program has great potential for lowering the per capita cost of health care while improving patient outcomes and quality of life by allowing patients to remain in their homes. The program aims to increase access to quality medical care for homebound individuals suffering from chronic or progressive illnesses while considering the patient's wishes and goals of care. Additional goals include reducing hospitalizations and emergency room visits in this high-risk population.